Combined Internal Medicine
& Pediatrics
Residency Training Program
Letter from the Program Director

Dear Albany Med-Peds prospective team member,

Thank you for your interest in our program and the Capital District in general. We love what we do here and enjoy every opportunity we get to communicate that. I would like to tell you a little bit about myself and what we have to offer, but first some history.

Our combined program has been providing excellence in training for 25 years. I am only the 3rd program director to be fortunate enough to serve during this long period. As one of the oldest program’s in the country, we are indebted to one of our founders, Dr Paul Sorum, who continues to provide us with leadership and guidance to this day and was the initial director for 10 years. Dr Elizabeth Higgins took the reigns in 1997 and our program continued to blossom under her supervision. Dr Higgins accepted a position as Associate Dean of our Medical College in 2006 and I have since begun my tenure as program director, successfully navigating us through ACGME accreditation and looking to a bright future.

Our Combined continuity clinic was expanded in 2008, and the 12,127 sq feet structure is the medical home to 12,000 patients whose healthy living is fostered by our 8 combined med-peds faculty and 16 residents. We have benefitted from outstanding institutional support and confidence over the years, exemplified by this 4,017 sq feet expansion representing an almost 50% increase in office space. The space includes a direct observation patient room with a one-way window allowing timely feedback for our residents on their clinical skills from precepting faculty, a exercise testing suite with a high performance treadmill and a conference room where teaching topics and board review are conducted in a convenient and comfortable environment.

For some personal background, I graduated Med-Peds residency from our program in 2003, serving as Pediatric Chief as a PGY-4. I have since been trained in primary care sports medicine and returned to Albany Medical College as faculty in this capacity. The sports medicine element to our continuity clinic is a rather unique component of our program and has engendered research, advocacy and clinical experience for our residents. For instance, we take a team of 5 to the Empire State Games in upstate New York, providing field-side medical coverage for high school and collegiate athletes.

Medical education has long been a core philosophy of our faculty. Dr Higgins exemplifies this in her role as Associate Dean for the Medical College, likewise Dr Joseph Wayne serves as the Internal Medicine Clerkship Director for the Department of Medicine.

Research is flourishing with many active projects, including a chronic care quality improvement initiative led by Dr Lisann Verrico and Dr Jennifer Lindstrom, injury surveillance and biomechanics projects under my own supervision and frequent clinical case presentations at local, national and international meetings by our residents.

Our faculty and residents enjoy a nice balance of work and play; there are so many things the Capital District has to offer and you will find links to some of these places personally recommended by our team. My personal favorite spot? The Pine Bush Reserve and John Boyd Thacher Park. Beautiful places within minutes drive, where you can run/bike/swim or just enjoy the scenery.

I look forward to meeting you.

Sincerely,

Hamish A. Kerr MBChB, MSc

Philosophy

The Combined Internal Medicine-Pediatrics Residency Program at Albany Medical Center was established in 1980 and is one of the oldest in the country[1]. Our thriving suburban primary care practice, run by eight Med Ped faculty, is unique among the country's combined residency programs and serves as the training ground for the residents' continuity clinic.

Our Residency Program offers a rich variety of educational and professional experiences, environments, and opportunities. Our graduates are afforded opportunities in primary care as well as subspecialty training if so desired. The four year continuous combined training leads to Board certification by the American Board of Internal Medicine and the American Board of Pediatrics.

The Albany Medical College, established in 1839 is one of the oldest Medical Schools in the country and adds to the rich academic environment. Our residents work on community projects with the Med Ped student club and serve as mentors and teachers for students interested in the fields of Pediatrics and/or Internal Medicine.

The Albany Medical Center Hospital, a 650-bed facility, is the major referral center for the 25 counties of southern Vermont, western Massachusetts, and eastern New York, serving communities from the Canadian border to the suburbs of New York City. As a result, Med Ped residents have an enormously varied and interesting set of clinical experiences. In the Medical Center's inpatient units and outpatient subspecialty clinics, residents encounter children and adults with both common and rare diseases.

Faculty

Dr. Gina Garrison completed her Pharm.D. (Doctor of Pharmacy) at the Albany College of Pharmacy where she now holds a faculty appointment as an Associate Professor of Pharmacy Practice. Dr. Garrison is also a clinical assistant professor in the department of Medicine at Albany Medical College. She completed a 1-year primary care pharmacy practice residency at the Buffalo VA Medical Center before joining our practice, and has experience as both a community and hospital pharmacist. At our Latham Med Ped office, Dr. Garrison and her pharmacy students assist patients, residents, faculty and staff with pharmacotherapy recommendations, medication reviews, and patient counseling. Dr. Garrison serves as a resource for clinical questions related to immunizations, tobacco cessation, hyperlipidemia, hypertension and other common disease states in primary care.

A capital region native, Dr. Liz Higgins is a graduate of SUNY Syracuse. After completing her residency in Combined Medicine/Pediatrics at Albany Medical Center she joined the faculty as an Assistant Professor of Internal Medicine & Pediatrics. She is currently the Associate Dean for Student Affairs at the Albany Medical College and precepts Med/Peds residents in their Ambulatory clinic. She has two teenage children CJ and Michael and a yellow Lab named Cooper.

Dr. Hamish Kerr is a graduate of the Albany Combined Med/Peds program and ex-Chief Resident for pediatrics, who returns having completed 2 years of sports medicine training. The first of these years was spent back in his native Scotland, where he served as the team physician for the men’s youth and women’s national soccer teams. He then completed a primary care sports medicine fellowship at Children’s Hospital, Boston. He now serves as Med/Peds Program Director. He is involved in injury surveillance research and currently also acts as head team physician for Siena College.

A University of Rochester graduate, Dr. Jen Lindstrom came to Albany to complete four years of Med/Peds training including her final year as Chief Resident. She joined the faculty as a Research Clinician in 2004 and conducted a research project on Childhood Obesity under a Grant from the State of New York. She is also involved in the Albany Medical Center's Comprehensive Obesity Treatment Center while teaching and maintaining a practice at the Latham site. She serves as Associate Program Director for Med/Peds.

Originally from Utica, Dr. Trish Pelnik completed her undergraduate work at Boston College. After receiving her MD from Upstate Medical Center in Syracuse, she completed her residency in Combined Medicine/Pediatrics at Albany Medical Center. She is in the Basketball Hall of Fame in Springfield, Mass and enjoys running and spending time with her family. She is married to Dr. Ian Fecko, a local pediatrician and has three beautiful children, Aidan, Bryn and Evan. Dr. Pelnik has special training in cosmetic skin care including Laser Skin treatments and has established a special practice in this area at the Latham site.

Dr. Paul Sorum received his MD at the University of North Carolina-Chapel Hill and also holds a PhD in history from Harvard University. Board certified in both specialties, he is a professor of medicine and pediatrics. He has published articles on the success of our Med/Peds office; on judgment and decision making about CPR, acute otitis media, prostate cancer screening, and acute pain; on people's perceptions of health risks, physician's life-ending actions, and breaking patient confidentiality; and on the French health care system.
Dr. Lisann Verrico completed her undergraduate work at Cornell University here in upstate NY. She graduated from UMDNJ-RWJMS and then completed her Internal Medicine/Pediatrics training at Brown University. She spent several years in St. Louis as teaching faculty at two major institutions before she ventured back to the East Coast. Her special interests include resident education as well as the application of evidence based medicine to primary care. She is excited to serve as Associate Program Director for Internal Medicine as well as establishing her own practice here in Latham. She enjoys running, playing tennis, swimming and skiing.

Dr. Joseph Wayne received his MD from SUNY at Buffalo and completed his Medicine/Pediatrics residency at St. Louis University. After repaying his commitment to the National Health Service Corps, Dr. Wayne pursued a career in practicing and teaching primary care Medicine and Pediatrics.

Board certified in both Internal Medicine and Pediatrics, his interests include asthma, preventive health care, and the application of evidenced-based medical knowledge to patient care. He plays an active role in the Albany Medical College and is the Clerkship Director for Internal Medicine.

A graduate of Albany Medical College, Dr. Kathleen Zabinski also completed her training in Internal Medicine/Pediatrics at Albany Medical Center. She is board certified in Internal Medicine and Pediatrics and has been a practicing fulltime clinician for over a decade. Her clinical areas of interest include behavioral disorders, adolescent medicine and preventive health care. Dr Zabinski is the Division Head for the Med/Peds Division at Albany Medical College. Dr. Zabinski has three children who also keep her busy!
Residents: PGY1 (class of 2014)

Danielle Hedderson MD
Boston College, BS 2005
U Albany MPH 2010
Albany Medical College 2010
**Academic Interests:** Primary care, public health, preventive medicine, sports medicine, infectious diseases
**Plans:** To be a great doctor!
**About me:** Originally from New York City, I have lived in Albany for five years now. I enjoy basketball and softball, and you’ll often see me rooting for the NY Mets or the BC Eagles. I also like to travel, bake, listen to music, play trivia and spend time with my family.

Alex Chang MD
Knox College, BA 2006
Rush Medical College 2010
**Academic Interests:** I am leaning towards a career in primary care.
**Plans:** Learn as much as I can!
**About me:** I am from San Francisco, CA, and enjoy playing tennis and cello. I competed on the Knox College Men's tennis team and became captain in 2005. I attended Rush Medical College in 2006 and spent a lot of time with the Rush Christian Medical Association. I continue to play cello for fun and enjoy the sound it produces.

Thuy Le-Rathell DO
University of Delaware, BA 2006
Nova Southeastern University College of Osteopathic Medicine 2010
**Academic Interests:** Internal Medicine and Pediatrics
**Plans:** I would like to practice in an academic setting both inpatient and outpatient.
**About me:** I emigrated from Vietnam and grew up in the suburbs of Delaware, where I met my husband. I gained many wonderful experiences in med school and friendships in the process. I look forward to doing the same at AMC.

Stephen Lambrinos MD
U Rochester BS 2004
Union College MBA 2006
U Rochester 2010
**Academic Interests:** Pediatric Cardiology
**Plans:** Peds cardiac critical care or adults with congenital heart disease
**About me:** I grew up in the Albany area and it's a very easy place to live and work in. When I'm not in the hospital, I try to get out and scuba dive when I can (regardless of the cold weather in upstate NY!). I also like playing sports such as soccer and tennis. When the time permits, I like hosting movie nights on my home theater system.
Residents: PGY2 (class of 2013)

Desmond Francis, MD  
Methodist College, Malaysia, GCE A-Levals, 2004  
International Medical University, Basic Sciences, 2007  
Jefferson Medical College, 2009  
**Academic Interests:** I am leaning towards a career in primary care.  
**Plans:** Getting through the intern year.  
**About Me:** I find Albany cozier than New York City, and love being here. I watched my first baseball game, and actually understood it, thanks to Wikipedia! I am a proud Catholic, wanting to live my faith in my relationships, workplace, and home.

Deborah Light, MD  
Reed College, BA Biology, 2003  
University of Rochester School of Medicine, 2009  
**Academic Interests:** Sports medicine & heme/onc.  
**Plans:** Balancing life and residency.  
**About me:** I grew up in the Colorado Rockies, then became a transplant to the Pacific northwest before coming out east for med school. I love the outdoors, and look forward to getting to know the Adirondacks. Martial arts are my passion, particularly full-contact karate and Muay Thai; I plan to continue to compete during residency.

Alan Ruiz, MD  
Worcester Polytechnic Institute BS Mechanical Engineering, 1993  
Worcester Polytechnic Institute ME Biomedical Engineering, 1995  
Albany Medical College 2009  
**Academic Interests:** Primary care, wilderness medicine and acute care.  
**Plans:** I plan to go into primary care, possibly working in a rural area.  
**About me:** I had a career before medicine working as an engineer. I also like the great outdoors and have been fortunate enough to go to New Zealand. I am now a Albany adoptee of four years.

Andrea Teague, MD  
Northwestern University, BA Molecular Biology, 1995  
Albany Medical College, 2009  
**Academic Interests:** Hospital medicine & critical care.  
**Plans:** Well, still trying to figure that one out....  
**About me:** Running is my sanity; being outside camping/hiking/scuba diving keeps my perspective; horses are my passion; reading is my escape; and sitting on the front porch of my house watching my kids run around and play is my greatest joy.
Residents: PGY3 (class of 2012)

Dr. Henry "Alex" Nagle is from Boston, MA, went to college at Clark University, earning a BA in Biology and his MA, studying the ecology and molecular biology of West Nile Virus. He went to medical school at Albany Med, and recently bought a house with his wife, Camille. Alex's hobbies include Judo, Jujitsu, Comic books, the Red Sox, and spending time with his wife and their dog (Jitsu). His career plans are up in the air; considering going on to study Infectious Disease, Sports Med, or going on to practice general Med-Peds in the community.

Jaison Jose DO, was born and raised in Kuwait and after Saddam Hussein invaded in 1990, he and his family fled to escape the ensuing trouble and immigrated to America to seek a new life. He completed his college education at Villanova University outside of Philadelphia and attended medical school at the Virginia College of Osteopathic Medicine on Virginia Tech’s campus. His interest is primary care and treating people of all ages.

Latia Holder DO, from Brooklyn, NY graduated from SUNY Stonybrook as a Psychology Major, Biology minor. She attended Thomas Jefferson University and received a Master's degrees in Biomedical Chemistry, then attended New York College of Osteopathic Medicine for Medical School. Hobbies: she plays tennis (beginner!) and loves to run/jog on occasions. Her favorite place to travel is to the Caribbean and her favorite places to eat and drink are on Lark Street.

Jessica Kumar DO, went to college at Washington University in St. Louis where she studied fine arts and chemistry. She worked in an immunology lab before going to Kirksville College of Osteopathic Medicine (A.T. Still University) in Missouri. She got an MPH during medical school in general public health but focused it on HIV/AIDS and Hispanic health care. Jessica became interested in infectious disease and found out she loved working with adults and kids so decided to chose a residency in Med/Peds. She enjoys volunteering at a local free clinic and can't wait for the next opportunity to travel, destinations so far have included Uganda.
Residents: PGY4 (class of 2011)

**Dr. Scott Merritt** originally hails from Minnesota, however went to undergrad at Wofford College in Spartanburg, SC and Saba University for Med School. He met his wife while teaching English in the Ukraine, and after moving here from Florida, they and their daughter and are getting accustomed to Albany’s nuances. Scott speaks Russian, plays many musical instruments and sports and once worked on a fishing trawler off Alaska.

**Dr. Ravi Borra** hails originally from Midland/Odessa, Texas and graduated from Medical University of the Americas after time in Brooklyn at Polytechnic University as an undergrad. He plays chess, surfs the net and is interested in Allergy/Immunology as a possible career.

**Dr. Peter ‘P.J.’ Miller** grew up in Shelton, Ct (home of the original and only Wiffle Ball Company) and did undergrad at Mount Saint Mary College, Newburgh, NY then American University of the Caribbean for med school. Outside of medicine he swims competitively, runs and bikes too, enjoys home improvement projects, is a WWII history buff, cooks Italian food (lasagna is his specialty). He is applying for an Adult Oncology fellowship after residency.

**Dr. Imran Asad** grew up in Woodbridge, VA and went to Marymount University before med school at Ross University. He is a useful guy to have around as his hobbies include fixing/rebuilding computers and cars! He also collects rare coins and stamps and plays sports. He is enjoying residency, and anticipates a career in primary care.
Alumni: class of 2010

Dr. Richard Kim is an Albany Medical College graduate who moved here from the West coast where his undergrad was University of Washington. He likes fishing, golfing, tennis, working on the house, cooking and eating past full (!). His favorite restaurants are McGuire’s, Mezzo, Rangonese, Lombardo’s, Café Cappriccio, Saso’s, and Vanh’s. Around Albany, he recommends the Corning Preserve and Washington Park in the summer. He has joined Saratoga Hospital as a Hospitalist after graduation, and ultimately wishes to practice sports medicine.

Dr. John Osowski is another Albany Medical College grad. John grew up in Westfield, MA and met Tracey Jablonski (2008 Med/Peds chief resident) at their undergrad, College of the Holy Cross, Worcester, MA.

Dr. Betsy Cavo completes our Albany Medical College trio from 2006. Betsy comes from a sporting family, with a sister currently playing varsity basketball and a brother who also played for Siena College. She wants to go into primary care at residency’s completion.

Dr. Akino Yamashita is originally from Manhattan and has spent most of Her life somewhere in New York State,. She graduated from Bryn Mawr College (a Seven Sisters School) and medical school at SUNY Stony Brook. After graduating she spent her 1st two years in Med/Peds at St. Vincent's Hospital in Manhattan. She moved up north to Albany as a PGY3. In her spare time she likes to hone her cooking skills and watch various medical shows on the Discovery network. She is interested in a hospice & palliative medicine fellowship and would also like to be involved in teaching in some capacity.

Dr’s Osowski, Kim, Cavo & Yamashita (left to right)
Alumni: class of 2009

After growing up in Long Island his entire life, Dr. Emil Thomas moved to Albany for residency training. He went to Boston University for undergrad and then went to Ross University. He found a lot of fun things to do in residency, from going to Saratoga for the racing season, concerts at SPAC, learning to play golf, grabbing a drink at the Lionheart, Sutter's Mill, or the Bayou, and last but not least, the annual trip to Buffalo for the Jets-Bills game. Emil was Chief Resident for Internal Medicine 2009-2010, and has since joined the Hospitalist group as an Attending Physician.

Dr. Huy Nguyen emigrated from Vietnam when he was 18 years old. He finished his undergrad at ODU in Nuclear Medicine Technology then did a Masters degree as a Physician Assistant (UMDNJ) before his medical training at Ross University in Dominica. He has decided to work in a primary care setting on finishing residency in 2009, and joined a Med/Peds practice in Texas.

Dr. Susan Rhee’s favorite restaurants were the Albany Pump Station & Avenue A. Susan’s favorite leisure activity was shopping at the 75% off rack at Macy's with her Macy's card that will give her an extra 20% off (!) She rates Lark Fest as good time to be had and listens to 102.7FM locally. She also streams live radio from Toronto (102.1FM). She grew up in Buffalo and likes vacationing on Lake George or Saratoga Springs and her favorite annual event is the trip to Buffalo for the Bills-Jets game (though she has to sit separately from Dr Thomas!). She is currently in fellowship at U Rochester for Adult Infectious Disease.

Dr. Kelli Barry is another Capital Region native. Her husband, Gerry, completed an ophthalmology residency at Albany Medical Center and a fellowship at UPenn. They have since returned to Albany where Kelli will be practicing primary care at a local Med/Peds office.
Alumni: class of 2008

Dr. T. Keefe Davis originated from Golden, Colorado and Creelman, Saskatchewan. His undergrad was Regis University in Denver and med school, St. Georges, Grenada. Keefe is completing a Pediatric Nephrology fellowship in St. Louis. Keefe’s claims to fame were his talent for curling (“the ice sport eh”), hockey, woodworking, learning guitar, being a home owner and a Dad. He lists the ‘Alive at Five’ river summer concert series, the Spectrum 8 theatre, and the river walk as great spots in Albany. He attests that McGuire’s is, “hands down the very best restaurant” though the Hidden Cafe is best value for really great food. He listens to 90.3FM WAMC (an NPR station with a lot of local info) and 91.5 FM RPI (Univ. radio station) which has a great mix of all kinds (reggae night is on Saturday!). Local trips he has taken during residency include to Maine (Bar Harbor), Vermont (Burlington and skiing at Sugarbush), Montreal, Niagra Falls, and Lake Placid. He recommends hiking and camping in the Adirondacks and Catskill.

Dr. Makenzi Evangelist is a native of Lyons, NY who graduated from Skidmore College in Saratoga before med school at Albany Medical College. She began an Adult Heme/Onc fellowship at the University of Tennessee (Memphis) July 2008, after completing residency. She enjoys many things including cooking, gardening, knitting, camping, traveling, playing battleship, bowling, Phili philharmonic @ SPAC in august (picnic on the lawn). She loves this region and just to prove it, compiled the following;

Keefe Davis is a pirate, Halloween 2007. Rodney Daniels is Professor Snape (“Potter!”)
<table>
<thead>
<tr>
<th><strong>Makenzi’s Albany Best of:</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>best sushi</td>
<td>Saso’s</td>
</tr>
<tr>
<td>best Italian restaurant</td>
<td>Lombardo’s</td>
</tr>
<tr>
<td>that makes you feel you are a</td>
<td></td>
</tr>
<tr>
<td>goodfella</td>
<td></td>
</tr>
<tr>
<td>best Vietnamese</td>
<td>Van’s</td>
</tr>
<tr>
<td>best French</td>
<td>Chez Sophie</td>
</tr>
<tr>
<td>best Turkish</td>
<td>Ali Baba</td>
</tr>
<tr>
<td>best place to buy cheese</td>
<td>Honest weight co-op</td>
</tr>
<tr>
<td>best diner</td>
<td>Miss Albany diner</td>
</tr>
<tr>
<td>best place to dine (you're not</td>
<td>Springwater bistro, Saratoga,</td>
</tr>
<tr>
<td>paying)</td>
<td></td>
</tr>
<tr>
<td>best place to read w/ coffee</td>
<td>Ultraviolet cafe</td>
</tr>
<tr>
<td>best bread</td>
<td>Troy's farmer's market</td>
</tr>
<tr>
<td>best outdoor dining (simple)</td>
<td>Troy pub &amp; brewery</td>
</tr>
<tr>
<td>best outdoor dining ($$)</td>
<td>Nicole’s bistro</td>
</tr>
<tr>
<td>best breakfast</td>
<td>Cafe Madison</td>
</tr>
<tr>
<td>best homemade roast beef sandwich w/ roasted red peppers</td>
<td>Cardona's</td>
</tr>
<tr>
<td>best Mediterranean chicken salad</td>
<td>Bagel Bite</td>
</tr>
<tr>
<td>best burger</td>
<td>Ale house in Troy</td>
</tr>
<tr>
<td>best drive in where you can watch waterskiing</td>
<td>Jumpin’ Jacks</td>
</tr>
<tr>
<td>best farmer's market</td>
<td>Troy (year round)</td>
</tr>
<tr>
<td>best crepe</td>
<td>Ravenous in Saratoga</td>
</tr>
<tr>
<td>best martini/best scotch</td>
<td>9 Maple Saratoga</td>
</tr>
<tr>
<td>best margarita</td>
<td>el loco Mexican restaurant</td>
</tr>
<tr>
<td>best beer (inexpensive)</td>
<td>Valentine’s (Shaffer cans)</td>
</tr>
<tr>
<td>best beer (expensive)</td>
<td>Mahar’s</td>
</tr>
<tr>
<td>wine bar</td>
<td>Enoteca on Lark</td>
</tr>
<tr>
<td>best movie theater</td>
<td>Spectrum 8</td>
</tr>
<tr>
<td>best drive in movie theater</td>
<td>Malta drive in</td>
</tr>
<tr>
<td>best jazz night</td>
<td>Thurs and Sunday at Justin’s</td>
</tr>
<tr>
<td>best open mike</td>
<td>Lark tavern Wed</td>
</tr>
<tr>
<td>best coffee</td>
<td>Daily Grind</td>
</tr>
<tr>
<td>best place to live (city feel)</td>
<td>Center square</td>
</tr>
<tr>
<td>best place to live (country feel)</td>
<td>Pine hills, Round lake</td>
</tr>
<tr>
<td>best place to watch music</td>
<td>Valentine’s, Iron Horse</td>
</tr>
<tr>
<td>Radio stations</td>
<td>WAMC, WRPI</td>
</tr>
<tr>
<td>Newspaper</td>
<td>NY times</td>
</tr>
<tr>
<td>Newsweekly</td>
<td>Metroland</td>
</tr>
</tbody>
</table>
Alumni: class of 2008

Dr Rodney Daniels was a southern boy from Kingsport, Tennessee. Virginia Military Institute was his undergrad and then Eastern Virginia Medical School. He started a Pediatric Critical Care Fellowship at Cincinnati Children’s, July 2008. He enjoys snowboarding, soccer, swimming, cooking - especially gourmet style, and fall road trips.

His ‘Best Of’ includes best playground (for anyone with kids): The Crossings in Latham (good park areas/pond and picnic areas)-which is also a good place to run with a 5 mile trail system. Restaurants (when you're not paying): Glen Sander's Mansion (GREAT surf/turf with gourmet accents) then also probably Jack's Oyster House (good 30's feel...) and perhaps McGuire's. He listens to 107.7 - WGNA (yes, Country y'all...) and NPR. For trips he says we’ve got to go snowboarding - Gore/Adirondack mountains - or Jiminy Peak if you want a quick trip, Catamount also has a nice little snowboarding park to have fun in. Also Gould Orchards or Indian Ladder Farms for the Fall Festivals...

Dr Tracey Jablonski was our chief resident for 2007-08. She is working locally in primary care. She enjoys running, softball and tennis with her husband, John Osowski. They have also been known to play a mean game of darts! Tracey is originally from Massachusetts and went to undergrad at College of the Holy Cross. She then went to Albany Medical College for medical school. Local trips taken during residency:

* NYC (2 1/2 hr): easy to do day trips
* Montreal, CA (5h)
* Boston (2 1/2hr)
* Buffalo (5 hr): Jets/Bills game
* Saratoga (45 min): great shopping, restaurants, SPAC
* Adirondacks/Cedar river flow (2 1/2 hr): canoe and camp
* Mass Moca in North Adams, Mass (1 1/2hr): museum, music
* Northampton, Mass (1/1/2hr): yarn store, music (calvin, iron horse), and dining
* Round lake, NY (30 min): antiques festival
* Grafton Lake State Park (1hr): public sand beach
Alumni

ALUMNI - Class of 2007
Uzma Khan MD – Ross
Nancy Zeitoun MD – St. George’s
Christine Hsu MD - St. George’s

ALUMNI - Class of 2006
John Novak MD - Albany Med. College
Casey Poell MD - University of Kansas

ALUMNI - Class of 2005
Karen Berman MD - Albany Med. College
Chris Talluto MD - University of Syracuse
Len Leonidas MD - Tufts University
Raj Vakani MD - University of Buffalo

ALUMNI - Class of 2004
Jack Alexander MD - SUNY Syracuse
Jennifer Lindstrom MD - University of Rochester
Sulagna Mookherjee MD - SUNY Syracuse
Rommel Tolentino MD - SUNY Buffalo
Robert Wang MD - SUNY Buffalo

ALUMNI - Class of 2003
Mary Ellen Gallagher MD - St. George’s
Lynn Hickey MD - Albany Med. College
Beth Ann Jayne MD - SUNY Syracuse
Hamish Kerr MD - University of Glasgow
Mark Rasmus MD - St. George’s
Nasrene Yadegari MD - University of Rochester


Dr Hsu, Khan and Zeitoun accept gifts at the end of the year party 2006. Left to right: Christine Hsu, Hamish Kerr (PD), Uzma Khan and Nancy Zeitoun.

Class of 2004: (left to right) Jack Alexander, Rommel Tolentino, Suzie Mookherjee, Jen Lindstrom, Rob Wang.
Research Presented


Miller, PJ and Kerr, H. Unusual Cause of Chest Pain in a Young Adult Baseball Player. Clinical case abstract, ACSM annual meeting, Indianapolis 2008

Cavo, E and Kerr, H. Knee effusion in a 17 year old soccer player. Clinical case abstract, ACSM annual meeting, New Orleans 2007


Talluto, CJ. Atrial Myxoma and Syncope: a report of a case and a review. Albany Medical Review-Online, September 2003

Talluto, CJ. Myocardial Non-Compaction in an adolescent and his mother- A case report. Upstate New York ACP Associate Clinical Vignette Poster Presentation 2003

Khan UA, McGinnis K, Skanderson M, Butt AA. Co-morbid medical and psychiatric illness and substance abuse in HCV-infected and uninfected veterans. [in press]


Hsu, C. Acute Paralysis due to Unlikely Culprit. Upstate New York ACP Associate Clinical Vignette, Poster Presentation 2003

Hsu, C. Chest Pain associated with Celiac Artery Dissection. Upstate New York ACP Associate Clinical Vignette Poster Presentation 2004


Miscellaneous

Graduate Medicine Department

The Graduate Medicine Department at the Albany Medical Center serves to co-ordinate resources for all of the housestaff, fellowship and residency programs. Under the guidance of Dr. Joel Bartfield, and Carrie Eckart MBA, the housestaff and fellows of the Albany Medical Center participate in combined lectures series on the Business of Medicine as well as other issues. They also sponsor leadership workshops for chief residents not to mention providing picnics, parties and palm pilots for the residents!

The Albany Medical Center Graduate Medical Education Department posts information on the following links;

http://www.amc.edu/Academic/GME/Message.html
http://www.amc.edu/Academic/GME/Salaries.html
http://www.amc.edu/Academic/GME/Benefits.html
http://www.amc.edu/Academic/GME/Affiliates.html
http://www.amc.edu/Academic/GME/Terms_and_Conditions.html

2010-11 SALARIES
Locations

The Med Ped Primary Care Practice
Our ambulatory office is located in Latham, a suburb a few miles north of Albany. It is staffed by the full-time Med Ped faculty and by the residents who come to the offices for their "continuity clinics" and block rotations in primary care. The residents see their own panel of patients; among these are patients that the residents take care of during their hospital and Emergency Department rotations. Residents also help with the day's sick call. They are always under the guidance of a faculty preceptor.

See mapquest.com link below for directions from Albany medical center to the Latham office.

The Department of Pediatrics: A "Hospital Within a Hospital"
The Department of Pediatrics consists of about 40 full-time faculty in general pediatrics and the various subspecialties, as well as allied specialties. They serve as the full-time teaching staff of the Children's Hospital at Albany Medical Center--a "hospital within a hospital."

The Children's Hospital has over 2,000 admissions each year. Its generalists and sub-specialists provide care at over 30,000 outpatient visits annually. It has a Level III regional perinatal care center, a sophisticated 17-bed pediatric intensive care unit, and the region's only programs in child cancer, pediatric AIDS, and cystic fibrosis.

The Department of Medicine
The Department of Medicine has over 70 full-time faculty members. The general internists schedule more than 11,500 annual outpatient visits and maintain busy inpatient and consult services. The sub-specialists receive over 37,500 outpatient referrals annually, in addition to providing an extensive range of hospital consult services. During subspecialty electives, Med-Ped residents are involved in both the outpatient and inpatient aspects of subspecialty medicine. The Department of Medicine maintains the region's only comprehensive hemophilia program and bone marrow transplantation program.

The Veterans Affairs Medical Center (VAMC) for the Albany region is located across the street from Albany Medical Center. The Medicine faculties in both institutions often collaborate on clinical and research activities. The Med-Ped and Medicine resident experience is greatly enriched by rotations through the wards, intensive care units, and clinics of the VAMC.