ALBANY MEDICAL COLLEGE proudly presents

OUTPATIENT MANAGEMENT OF THE BIG-7
(DM, HTN, CKD, CAD, CHF, COPD, OBESITY)

IN OUR CHANGING HEALTHCARE ENVIRONMENT:
OPTIMIZING CARE USING ACO’S/MEDICAL HOMES AND MINIMIZING READMISSIONS

Recent healthcare reforms focus on optimizing medical care while reducing costs. At the same time payment reorganization strategies are converging more on value and quality. An understanding of these changes is needed to provide quality patient care and to avoid future reimbursement cuts. DM, HTN, CKD, CAD, CHF, COPD, Obesity are major chronic diseases that have a formidable impact on morbidity and mortality and as such are major cost drivers. This unique program brings together recent healthcare changes, costs and key practical points in the outpatient management of the BIG 7 to optimize care, minimize admissions and reduce costs.

DIRECTORS: Arif Asif, MD
Paul Sorum, MD

CO-DIRECTORS: Ivelisse Verrico, MD
Jennifer Lindstrom, MD
John Rosenberger, MD
James Desemone, MD

SATURDAY, MARCH 28 - SUNDAY MARCH 29, 2015
Saturday 7:30 AM - 5:10 PM • Sunday 8:30 AM - 12:05 PM
Hilton Garden Inn - Troy • 235 Hoosick Street, Troy, NY 12180

In collaboration with NY Chapter, American College of Physicians.
Sponsored by Albany Medical College’s Department of Medicine,
Division of Nephrology and Hypertension
and the Office of Continuing Medical Education.
OUTPATIENT MANAGEMENT OF THE BIG-7 (DM, HTN, CKD, CAD, CHF, COPD, OBESITY) IN OUR CHANGING HEALTHCARE ENVIRONMENT:
Optimizing Care Using ACO’s/Medical Homes and Minimizing Readmissions
MARCH 28-29, 2015 • Hilton Garden Inn - Troy, 235 Hoosick Street, Troy, NY 12180

Only paid registrations can be accepted. Please type or print clearly & register one person per form.

Tuition

<table>
<thead>
<tr>
<th>Registration by March 20:</th>
<th>Registration After March 20:</th>
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<tbody>
<tr>
<td>Physicians</td>
<td>$250.00</td>
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<tr>
<td>Others</td>
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<td>Full Time AMC Employees and Residents</td>
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Name & Degree (As to appear on conference materials)

CME Credit Tracking (Month of Birth - Day of Birth - First 4 Characters of First Name)

Specialty

Institution/Affiliation

Department

Business Address

City

State

Zip

Business Phone

Business Fax

Home Address

City

State

Zip

Home Phone

E-mail Address (You must provide an e-mail address to gain access to the on-line syllabus)

Please indicate method of payment:

☐ My check for $__________, payable to Albany Medical College is enclosed.

☐ Please charge my credit card for the amount of $__________

For credit card payment, complete information below.

☐ MasterCard  ☐ Visa  ☐ AMEX  ☐ Discover

Method of Registration: Mail or Fax

Fax: (518) 262-5679 registrations accepted for Visa, MasterCard, Discover and American Express only. Faxed registrations without credit card payment cannot be processed. This is a secure fax. Please register one person per form. This form may be photocopied.

Mail: Return this form with payment to: Office of Continuing Medical Education, BIG SEVEN, Albany Medical College, Mail Code – 1 J408, 47 New Scotland Avenue, Albany, New York 12208-3479

Office Use Only

Check #: _________  B/P: ___________  Date Received: _________  Amount: _____________

CC: _________  CL: _________  C.C. Approval #: _________  Note: _________
CONFERENCE INFORMATION

WHO SHOULD ATTEND
This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care/general medicine to the adult patient. While generalists are the target audience, sub-specialists who provide primary care will also benefit from this unique program that pulls together healthcare changes, costs and practice of medicine.

ABOUT THE SYMPOSIUM
This conference directly focuses on healthcare changes that relate to optimizing medical care, improving quality and reducing costs by focusing on readmissions. The sessions provide concise, up-to-date and clinically relevant information on medical homes and accountable care organizations and electronic health records and other aspects of important healthcare changes. Because the BIG 7 occupy a major portion of healthcare in the United States, the conference will equip healthcare providers with key management concepts that will result in improvement of care as well as cost reduction. Our intent is to bring healthcare workers practicing primary care/general medicine together in a relaxed setting to review the latest changes in healthcare and the practice of medicine.

LEARNING OBJECTIVES
At the conclusion of this conference, participants should:
• Become familiar with recent healthcare changes.
• Understand medical homes and accountable care organizations.
• Understand the importance of electronic health records.
• Recognize the importance of Medicare’s chronic care management fee.
• Become skillful in the management of hypertension.
• Understand obesity, impact on healthcare and its management.
• Understand strategies to treat diabetes, its complications and to reduce readmissions.
• Become skillful in understanding congestive heart failure and how to reduce readmissions. Become skillful in the management of COPD and how to reduce admissions.
• Be able to evaluate and treat proteinuria.
• Understand atrial fibrillation and its management.
• Understand recent updates in the management of coronary artery disease.
• Understand the key concepts in the management of chronic kidney disease by primary care providers.
• Understand how hyperkalemia limits optimal management of certain chronic diseases and review recent advances in the management of hyperkalemia.
• Understand key concepts in the management of chronic diseases.
• Become familiar with dietary strategies with regard to hypertension, diabetes, obesity, coronary artery disease and congestive heart failure.

ACCREDITATION
Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this live activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants
AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

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Tuition includes admission to the symposium, access to an on-line course syllabus (if available), breakfast and breaks on Saturday and Sunday and lunch on Saturday.

Tuition Refund Policy
Tuition refunds are possible if notification is received by March 20. After that date no refunds are available.

NEED INFORMATION?
For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, fax at (518) 262-5679 or e-mail at pricej@mail.amc.edu.

For emergency calls during the conference, call The Hilton Garden Inn - Troy at (518) 272-1700.

Web Sites: Albany Medical Center - www.amc.edu

CONFIRMATION
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registrations, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

SPECIAL NEEDS
Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by March 20 to discuss your needs.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:30-8:15 AM</td>
<td>Registration, Exhibits &amp; Continental Breakfast</td>
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<tr>
<td>8:15-8:30</td>
<td>Opening Remarks</td>
<td>Richard Blinkhorn, MD</td>
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<tr>
<td>8:30-10:30 am</td>
<td>The Changing Healthcare Environment</td>
<td><strong>Moderator: Ferdinand Venditti, MD</strong></td>
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<tr>
<td>8:30-8:40</td>
<td>The BIG SEVEN and Their Impact On Healthcare Costs</td>
<td>Arif Asif, MD</td>
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<tr>
<td>8:40-9:10</td>
<td>Patient Protection Affordable Care Act: Its Impact on Physicians and Hospitals</td>
<td>Kim Fine and Paul Sorum, MD</td>
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<tr>
<td>9:10-9:40</td>
<td>Accountable Care Organizations and Medical Homes: What Are These Units and How Do They Improve Care?</td>
<td>Bruce Nash, MD, MBA and Ferdinand Venditti, MD</td>
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<tr>
<td>9:40-9:55</td>
<td>HITECH Act, EHR and Meaningful Use: Something That We Really Need to Know</td>
<td>Jacob Reider, MD</td>
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<tr>
<td>9:55-10:15</td>
<td>Quality and Safety: Is This Important For Me to Know?</td>
<td>James Desemone, MD</td>
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<tr>
<td>10:15-10:30</td>
<td>Questions and Comments</td>
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<tr>
<td>10:30-10:40</td>
<td>Break</td>
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<tr>
<td>10:40-12:15</td>
<td>Diabetes and Obesity: How to Optimize Therapy and Minimize Readmissions</td>
<td><strong>Moderator: Paul Sorum, MD</strong></td>
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<tr>
<td>10:40-11:05</td>
<td>Outpatient Management of Diabetes to Keep the Population Healthy</td>
<td>Matthew Leinung, MD</td>
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<td>11:05-11:25</td>
<td>Watch Out For the Complications of Diabetes That Can Lead to Hospitalization</td>
<td>John Rosenberger, MD</td>
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<tr>
<td>11:40-12:00 PM</td>
<td>Dietary Intervention Tools to Reduce Diabetes and Obesity</td>
<td>Jennifer Lindstrom, MD</td>
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<td>12:00-12:15</td>
<td>Questions, Comments</td>
<td>Box Lunch and Break</td>
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<td>Lunch Session</td>
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<td>12:15-1:30</td>
<td>Hypertension Workshop</td>
<td><strong>Moderator: Ivelisse Verrico, MD</strong></td>
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<tr>
<td>12:15-1:30</td>
<td>Management of Hypertension by Primary Care Providers: A Case-Based Workshop</td>
<td>Arif Asif, MD</td>
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<tr>
<td>1:30-3:30</td>
<td>Cardio–Renal Session</td>
<td><strong>Moderator: Ivelisse Verrico, MD</strong></td>
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<tr>
<td>1:30-2:00</td>
<td>Management of CKD by Primary Care Providers: What are the Core Elements?</td>
<td>Kam Kalantar-Zadeh, MD</td>
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<tr>
<td>2:00-2:20</td>
<td>Hyperkalemia: Emerging Concepts for Management by Primary Care Providers</td>
<td>Murray Epstein, MD</td>
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<td>2:20-2:50</td>
<td>Outpatient Management of Coronary Artery Disease by General Practitioners</td>
<td>William Boden, MD</td>
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<td>2:50-3:05</td>
<td>A Targeted Approach to Hypercholesterolemia and Hypertriglyceridemia: How Should I Treat and Follow?</td>
<td>Joseph Sacco, MD</td>
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<tr>
<td>3:05-3:20</td>
<td>Proteinuria: Should This be an Important Target for Primary Care Providers?</td>
<td>Roy Mathew, MD</td>
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<td>3:20-3:30</td>
<td>Questions and Comments</td>
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<td>Management of Patients with Multiple Medical Problems: A Case Based Approach</td>
<td><strong>Moderator: James Desemone, MD</strong></td>
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<td>3:30-3:40</td>
<td>Medicare’s Chronic Care Management Fee: What Physicians Need to Know</td>
<td>Linda Lambert, CAE</td>
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<td>3:40-5:10</td>
<td>Management of Patients with Multiple Medical Problems: A Case Based Approach</td>
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<tr>
<td>3:40-4:00</td>
<td>Case #1</td>
<td>Paul Sorum, MD and Jennifer Yager, DO</td>
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<tr>
<td>4:00-4:20</td>
<td>Case #2</td>
<td>Kristin Robinson, MD</td>
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<td>4:20-4:40</td>
<td>Case #3</td>
<td>Ivelisse Verrico, MD and Kevin Costello, MD</td>
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<tr>
<td>4:40-5:00</td>
<td>Questions and Comments</td>
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<td>Time</td>
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<tr>
<td>8:30-10:05 AM</td>
<td>Congestive Heart Failure: How to Optimize Therapy and Minimize Readmission</td>
<td>John Rosenberger, MD</td>
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<tr>
<td>8:30-9:15</td>
<td>Part I: Congestive Heart Failure: Prevalence, Morbidity, Mortality, Readmissions and Costs of Medical Care</td>
<td>Suzie Mookherjee, MD</td>
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<td>Part II: Congestive Heart Failure: Clues to Decompensation and its Timely Management by Primary Care Providers</td>
<td>Suzie Mookherjee, MD</td>
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<tr>
<td>9:15-9:35</td>
<td>Importance of Volume Control in CHF: A Nephrologist’s Perspective</td>
<td>Kam Kalantar-Zadeh, MD, MPH, PhD</td>
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<tr>
<td>9:35-9:50</td>
<td>Role of Diet in CHF: After All Sodium is Volume!</td>
<td>Jennifer Lindstrom, MD</td>
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<tr>
<td>9:50-10:05</td>
<td>Management of Atrial Fibrillation: Rate Control and Anti Coagulation Strategies</td>
<td>David Steckman, MD</td>
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<td>10:05-10:15</td>
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<td>10:30-12:05</td>
<td>COPD for Primary Care Physicians. How to Optimize Therapy and Minimize Readmissions</td>
<td>Marc Judson, MD</td>
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<tr>
<td>10:30-10:40</td>
<td>The Impact of COPD in the United States</td>
<td>Marc Judson, MD</td>
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<tr>
<td>10:40-10:55</td>
<td>The Management of Stable COPD by the Primary Care Providers. Practical Points to Optimize Care</td>
<td>Marc Judson, MD</td>
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<tr>
<td>10:55-11:10</td>
<td>The Management of COPD Exacerbations: Management Strategies and Methods To Minimize Readmissions</td>
<td>Scott Beegle, MD</td>
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<tr>
<td>11:10-11:25</td>
<td>A Pragmatic and Practical Guide to Get People to Stop Smoking</td>
<td>Nicole Lodise, PharmD</td>
</tr>
<tr>
<td>11:25-11:40</td>
<td>The Impact of Sleep Apnea on Health In the United States and The Role of the Primary Care Physician in its Management</td>
<td>Boris Medarov, MD</td>
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<tr>
<td>11:40-12:05</td>
<td>Questions, Comments and Closing Remarks</td>
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<td>12:05</td>
<td>Adjourn</td>
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</table>
**CONFERENCE INFORMATION**

**ATTIRE**
Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

**ON-LINE SYLLABUS**
Printed syllabus material will **NOT** be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. The material will also be provided on a thumb drive at the meeting. In order to receive access you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

**ACKNOWLEDGMENT**
A complete list of supporters will be provided at the conference.

**DO YOU HAVE QUESTIONS FOR OUR FACULTY?**
If you have specific questions regarding any of the agenda topics, please type them on a separate piece of paper and mail them to the Office of Continuing Medical Education with your registration. The faculty will do their best to respond to your questions, or incorporate the information into their talks.
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Chief Strategy Officer
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Head, Division of Endocrinology and Metabolism

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Assistant Program Director Combined Internal Medicine and Pediatrics
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Assistant Professor of Medicine
Division of Pulmonary and Critical Care Medicine

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Division of Cardiology

Kristin Robinson, MD
Assistant Professor
Internal Medicine

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Chief, Cardiology Section
VA Healthcare Upstate NY
Samuel S. Stratton VA Medical Center
Associate Professor of Medicine
Division of Cardiology

David A. Steckman, MD
Assistant Professor of Medicine
Division of Cardiology
Section of Cardiac Electrophysiology

Ferdinand Venditti, MD, FACP, FAAP
Vice Dean of Clinical Affairs
President of Albany Medical College
Faculty Physicians
Professor of Medicine

Jennifer Yager, DO
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Register by March 20 and Save $$$$$$$!!!

We use multiple mailing lists for our conferences. If you receive more than one brochure, kindly pass it on to a colleague.