The 14th Goodman Diabetes Symposium

Wednesday, October 8, 2014
The Hilton Garden Inn - Troy
235 Hoosick Street, Troy, NY 12180

Sponsored by Albany Medical College’s Department of Medicine, Goodman Diabetes Service and the Office of Continuing Medical Education, and the Albany Medical Center Nursing Continuing Education Provider Unit.
CONFERENCE REGISTRATION FORM

14th Goodman Diabetes Symposium
Wednesday, October 8, 2014
The Hilton Garden Inn - Troy

Please type or print clearly and register one person per form. This form may be photocopied.

Name & Degree (As to appear on conference information, two degrees only)

________________________________________________________

CME Credit Tracking (Month of Birth - Day of Birth - First 4 Characters of Your First Name)

________________________________________________________

Specialty

________________________________________________________

Organization

________________________________________________________

Department

________________________________________________________

Office Address

City________________________________________________________  State________________________  Zip________________________

Office Phone________________________________________________  Office Fax

Home Address

City________________________________________________________  State________________________  Zip________________________

E-mail Address (Must include e-mail address to receive access to on-line syllabus)

________________________________________________________

Break Out Session (Choose One)

☐ Case-Based Discussion for Prescribers  ☐ Twist on Self-Management Skills  ☐ Indian Cuisine

Please check method of payment:

☐ My check for $________________, payable to Albany Medical College is enclosed.

☐ Please charge my credit card for the amount of $_____________  ☐ MasterCard  ☐ Visa  ☐ AMEX  ☐ Discover

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Card Number

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Expiration Date

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Name As It Appears On Credit Card

________________________________________________________

Signature

Method of Registration: Mail or Fax

Only registrations paid with a credit card will be accepted by fax at (518) 262-5679. This is a secure fax line.

Mail:
Office of Continuing Medical Education
Albany Medical College
Diabetes Symposium, Mail Code 1
47 New Scotland Avenue
Albany, NY 12208-3479

Office Use Only

Check #: __________________________  B/P: __________________________  Date Received: __________________________  Amount: __________________________  C.C. Approval #: __________________________  CC: __________________________  CL: __________________________

Note: __________________________________________________________

________________________________________________________
**Course Description**

Over the past fifteen years, the Division of Endocrinology at Albany Medical College has sponsored this symposium geared to providing practicing clinicians with scientific information to translate into practical therapeutic interventions for their patients with diabetes. Topics are chosen based upon review of current advances and controversies in the field of diabetes. The faculty are chosen based on a review of their published work on the subject, as well as their presentation style and skills. Our symposium is known for content relevant to practice and highly effective speakers who know their subject and are free of commercial bias.

Dr. Emily Gallagher, of Mount Sinai School of Medicine, will give the keynote presentation discussing her research on the connections between obesity, diabetes and cancer. The Daniel W. Lee Memorial Lecture will premiere a new format for this symposium, a point/counterpoint on a “hot topic”, hypogonadism and erectile dysfunction in diabetes. The morning will conclude with a breakout, including: the always popular, case-based small group discussions for providers, a presentation on self-care coaching strategies; and a “show/taste and tell” on carbohydrate counting of Indian cuisine. The afternoon begins with three “mini-lectures” on diabetes medications, advances in diabetic ulcer management, and pump therapy in type 2 diabetes. The latter will be our first Theresa McIntyre Memorial Lecture. The day concludes with presentations on gestational diabetes and diabetes and cognitive impairment.

**Educational Objectives**

At the conclusion, participants will be able to:

1. Discuss the connection between obesity, type 2 diabetes, and cancer;
2. Identify pros and cons of treatment of hypogonadism in diabetes;
3. Describe how newer medications fit into clinical practice;
4. Discuss recent advances in diabetic ulcer management;
5. Identify characteristics of patients who could benefit from pump therapy and a simplified process of pump initiation;
6. Discuss diagnosis and management of gestational diabetes;
7. List two mechanisms that put patients with diabetes mellitus at risk for dementia.

**Target Audience**

This symposium is designed for physicians, nurse practitioners, physician assistants, diabetes educators, nurses, dietitians and pharmacists. It is intended for those in the primary care specialties of internal medicine and family medicine. All interested health care professionals who would benefit from a comprehensive update in the field of diabetes are welcome to attend.

**On-Line Syllabus**

Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access to the website via e-mail. If you do not receive access information, please call (518) 262-5828.

**Conference Information**

**Accreditation**

CME: Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this live activity for a maximum of 6.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants**

AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

**Nursing Accreditation**

This learning activity is co-provided by the Albany Medical Center Nursing Continuing Education Provider Unit.

The Albany Medical Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This learning activity will be awarded a maximum of 6.0 hours of continuing nursing education.

**Nursing Liaison:**

Barbara C. Orekondy, MS, RNC
Education Specialist, Albany Medical Center
Center for Learning and Development, Albany, NY

**Registered Dietitians**

CEUs have been applied for through the American Dietetic Association.

Please call the Office of CME at (518) 262-5828 to inquire about other types of professional credit.

**Tuition**

Tuition includes conference registration, breaks, lunch, and, if available, access to an on-line course syllabus. **Pre-paid registration is required, there will be NO on-site registration available.**

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<tr>
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<th>By Sept. 29</th>
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<tbody>
<tr>
<td>Physicians Full Day</td>
<td>$150.00</td>
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<tr>
<td>Other Health Professionals</td>
<td>$110.00</td>
<td>$210.00</td>
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<tr>
<td>Full Time AMC &amp; Stratton VA Staff &amp; Students</td>
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Regretfully, vouchers cannot be accepted.

**Refund Policy**

Refunds prior to September 29 will be subject to a $20.00 administrative fee. Refunds will be processed only when a written request is received by the Office of CME. There will be no refunds after October 1.

**Confirmation**

All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.
Attire
Attire for the conference is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or dress in layers.

AMC Employees
The AMC Professional Image Standards Policy is in effect at AMC sponsored education programs.
Employees must comply with the AMC Professional Image Standards Policy when attending AMC sponsored educational events. The attire for AMC educational sponsored events is business casual or appropriate clinical attire.

Need Information?
For further information regarding this conference, please contact the Office of CME by phone at (518) 262-5828, by fax at (518) 262-5679, or by e-mail at pricej@mail.amc.edu. For emergency calls during the conference, please call the Troy Hilton Garden Inn at (518) 272-1700.

Visit the Albany Medical Center web site at www.amc.edu

Special Needs
Should you have a disability please call the Office of CME by October 1 to discuss your needs.

Overnight Rooms
A block of overnight rooms has been reserved at the Hilton Garden Inn Troy for the evening of October 7. The rate for a standard room is $114.00 Queen or King. These rates are per night and do not include tax. Please call (877) STAY HGI or go on-line at troy.HGI.com. After September 10 the rooms will be released and the above rate is not guaranteed. Check-in is 4:00 pm: checkout is 12:00 noon.

Directions
From the North: Take the Adirondack Northway/ NY Route 87, South, to exit 7/Route 7, east towards Troy/Cohoes. Follow Route 7 over route 787, about 5 miles. At the bottom of the bridge, go straight through the light and proceed up the hill on Hoosick Street. The Hilton Garden Inn Troy will be three quarters of a mile up the hill on the left hand side.

From South of Albany: Take the New York State Thruway/ I-87 North towards Albany. Merge onto I-787 North, via Exit 23 towards Downtown Albany/Rensselaer/Troy, for about 9 miles. Merge onto NY 7 via Exit 9E towards Troy/Bennington. Go East, up the hill, on Hoosick Street, at the light at the bottom of the bridge. The Hilton Garden Inn Troy will be three quarters of a mile up the hill, on the left hand side.

Acknowledgments
A complete list of contributors will be provided at the conference.

A. David Goodman, MD
Dr. A. David Goodman was a mentor and friend to many physicians who trained at Albany Medical College.

Dr. Goodman attended Harvard College, from which he graduated Magna Cum Laude in American History and Literature. He received his doctor of medicine degree from Harvard Medical School in 1956. His postdoctoral training included an internship at the Peter Bent Brigham Hospital followed by work in the Endocrinology Branch of the National Cancer Institute. He completed research fellowships in the Renal-Metabolic Division at University Hospital in Boston with Dr. Arnold S. Relman and in the Endocrine-Metabolic Unit at the Peter Bent Brigham Hospital and the Joslin Diabetes Center with Dr. George Cahill, Jr.

Dr. Goodman assumed the position of Head of the Division of Endocrinology when he joined the Albany Medical College faculty in 1964. He held that position for 30 years. He was voted “Outstanding Clinical Teacher of the Year” by the AMC student body in 1965, 1971 and 1973 and “Favorite Attending Physician” by the medical house staff in 1980 and 1993. He was the recipient of many other awards, including the Pillars Award of Albany Medical Center.

Dr. Goodman was a committed lifelong learner and attended this seminar until just before his death in 2011. We are honored to dedicate our annual diabetes symposium to Dr. Goodman, an outstanding clinician, teacher and mentor.

Daniel W. Lee, MD, FACP
Dr. Lee received his BA and MD degrees from New York University. He did his residency in Internal Medicine and fellowship in Endocrinology and Metabolism at Albany Medical Center. He was Associate Professor of Medicine and Associate Director of the Internal Medicine Clerkship. Special research interests included: leptin, with regard to its potential in the management of diabetes mellitus and obesity; and the use of human growth hormone in adults.

He joined the Albany Medical College faculty in 1988 and served in that position until his untimely death in 2011. We continue to feel his absence. We honor the wonderful teacher he was through the Daniel W. Lee Memorial Lecture.

Theresa McIntyre, BS, FNP-C, CDE
Ms. McIntyre received a BS in Health Science and Education from State University College at Cortland in 1988 and her nursing degree from Hudson Valley Community College in 1992. In 1998 she earned a certificate as a Family Nurse Practitioner at Community General Hospital and Syracuse University. At Albany Medical Center she worked in the inpatient setting, managing diabetes and educating nursing staff, medical students and residents.

She joined Albany Medical Center in 2005 and was a tireless patient advocate until her death in 2013. We honor our colleague through the Theresa McIntyre Memorial Lecture.

Do You Have Specific Questions or a Case to Discuss with Our Faculty?
If there are specific questions or a case you would like to have discussed, please include on an additional sheet of paper and enclose it with your registration form. The faculty will do their best to respond to your questions at the conference.
AGENDA

Wednesday, October 8, 2014

8:00 - 8:20 am Registration, Continental Breakfast, and Exhibits

8:20 - 8:30 Opening Remarks
Shannon Comley-Sood, DO
Matthew C. Leinung, MD, FACE

8:30 - 9:30 Obesity, Diabetes and Cancer
Emily J. Gallagher, MD

9:35 - 10:20 Daniel W. Lee Memorial Lecture
Hypergonadism and Erectile Dysfunction in Diabetes: Underdiagnosed or Overrated?
Point/Counter Point
Matthew C. Leinung, MD, FACE
Hassan Shawa, MD

10:20 – 10:40 Break & Exhibits

10:40 - 11:40 Concurrent Sessions (Choose One)
1. Focused Case-Based Discussion for Prescribers #1 - Vibhavasu Sharma, MD and AMC Endocrine Faculty
2. Focused Case-Based Discussion for Prescribers #2 - Vibhavasu Sharma, MD and AMC Endocrine Faculty
3. Coaching Strategies for the Overwhelmed, Disinterested or Completely Confused
Marjule Salgam, MBBS
4. Indian Cuisine: Curry, Nan, Dal - Yummy, But What's the Carb Content?
Teri Hutson, RD, CDE
Manjula Salgam, MBBS

11:45 - 12:45 pm Lunch and Exhibits

12:45 - 1:15 Individualizing Medication Therapy of Diabetes: Where Do the Newer Agents Fit?
Samer S. Eldeiry, MD, PhD

1:15 - 1:45 Recent Advances in Diabetic Ulcer Management
Marc Ginsburg, DPM

1:45 - 2:15 Theresa McIntyre Memorial Lecture
Insulin Pump Therapy in Type 2 Diabetes
Beth Nardacci, MS, FNP-C, CDE

2:15 - 3:15 Team Approach for Gestational Diabetes Care: Diagnosis, Management and Counseling
Teri Hutson, RD, CDE
Marie Schongar FNP-C, BC-ADM, CDE

3:15 - 4:00 Diabetes and Cognitive Impairment
James Desemone, MD, FACE

4:00 Adjourn

GUEST FACULTY

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Assistant Professor of Medicine
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