Albany Medical Center’s 2010 Bariatrics and Nutrition Conference:
Surgical and Medical Management of Obesity

Monday, October 18, 2010
8:00 am to 4:30 pm

The Holiday Inn Turf
205 Wolf Road
Albany, NY 12205

Sponsored by Albany Medical Center’s Bariatricts Center of Excellence and the Office of Continuing Medical Education.
Registration Form

(Pre-registration is required)

Albany Medical Center’s 2010 Bariatrics and Nutrition Conference
Monday, October 18, 2010
Holiday Inn Turf, 205 Wolf Road, Albany, NY 12205
(Please type or print clearly & register one person per form)

Name & Degree_____________________________________________________________________
(As to appear on conference information – up to two degrees only)

CME Credit Tracking________________________________________________________________
(Month of Birth – Day of Birth – First 4 Characters of First Name)

Specialty___________________________________________________________________________

Organization_______________________________________________________________________

Department_________________________________________________________________________

Office Address_______________________________________________________________________
City________________________State_________________________Zip________________________
Office Phone________________________Office Fax________________________

Home Address_______________________________________________________________________
City________________________State_________________________Zip________________________
Home Phone________________________

E-mail Address (You must provide an e-mail address to gain access to the on-line syllabus)
_______________________________________________________________________________

Please Check Method of Payment:
☐ My check for $__________, payable to Albany Medical College is enclosed.
☐ Please charge my credit card for the amount of $__________.
☐ MasterCard ☐ Visa ☐ American Express ☐ Discover

Card Number_____________________________Exp. Date____________________________

Name as it appears on credit card_____________________________________________________________________

Signature______________________________________________________________________________

Method of Registration: Fax or Mail
Fax: (518) 262-5679. Registrations accepted with credit card payment. Fax registrations
without credit card information will not be processed. This is a secure fax line.

Mail: Return this form with payment to: Albany Medical College, Office of Continuing
Medical Education, Bariatrics Conference - Mail Code 1, 47 New Scotland Avenue,
Albany, NY 12208-3479

OFFICE USE ONLY

Check #:_________________________________________B/P_________________________
Amount:________________________________________
Date Received:____________________________________
C.C. Approval #:__________________________________
Note:_____________________________________________
Course Description
This conference will highlight the multi-disciplinary approach of managing the morbidly obese patient with regards to bariatric surgery, post-operative care and nutritional monitoring.

Target Audience
This program is designed for Primary Care Physicians, Residents, Physician Assistants, Nurse Practitioners, Nurses, Nutritionists, Social Workers, Psychologist and Registered Dieticians caring for the obese patient.

Objectives
Upon completion of the course, the participant should be able to:

- Describe current bariatric techniques and patient selection
- Introduce new surgery techniques
- Recognize post-surgical complications after bariatric surgery
- Discuss options for post-bariatric body contouring
- Describe nutritional outcomes of bariatric surgery
- Assess the impact of morbid obesity on pulmonary function
- Explain the impact of bariatric surgery on pharmaceuticals
- Identify the evolution and management options for eating disorders
- Explain the impact of childhood and early adolescent obesity on the medical management of the morbidly obese adult patient
- Discuss the change in management of diabetes from initial bariatric evaluation through the post-surgery follow-up period
- Recognize the psychologic component of the bariatric program both pre and post surgery

Accreditation

Physician:
The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Albany Medical College designates this educational activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Physician Assistant:
AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

Registered Dieticians
CEUs have been applied for through the American Dietetic Association.

Tuition
Tuition includes course registration, access to the on-line syllabus, a continental breakfast, lunch, and beverage breaks.

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Refunds minus a $25.00 administrative fee are possible if cancellation of registration is received in writing by October 1. After that date, one half of the paid tuition, minus a $25 administrative fee, is refundable with written notification.

Confirmation
All registrants will receive a confirmation. If you register and do not receive a confirmation notice, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

On-line Syllabus
Printed syllabus material will NOT be available at the conference. The syllabus will be available on-line 5 days prior and 5 days after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.
**Agenda**

**Monday, October 18, 2010**

8:00-8:30 AM  
Registration, Continental Breakfast & Exhibits

8:30-9:00  
Welcome and Overview  
*T. Paul Singh, MD, Kathleen Callahan, RD, CDE and Aija Leimanis, RD*

9:00-9:35  
Overview of Standard Techniques: Band and Bypass  
*Daniel Bonville, DO*

9:35-10:10  
New Surgery Techniques: Sleeve and Endoluminal  
*Ward Dunnican, MD*

10:10-10:25  
Break and Exhibits

10:25-10:50  
Standard Post-Surgical Complications  
*Carl Rosati, MD*

10:50-11:25  
Plastic Surgery Options Post-Bariatric Surgery  
*Alain Polynice, MD*

11:25-12:00  
Panel Discussion  
Daniel Bonville, MD; Ward Dunnican, MD; Carl Rosati, MD  
and Alain Polynice, MD

12:00-1:00  
Lunch, Sensitivity Training Video and Exhibits

1:00-1:20  
Endocrine Management  
*Sara N. Clark, MD*

1:20-1:40  
Pulmonary Management  
*Hung Nguyen, MD*

1:40-2:00  
Nutritional Issues: Assessment and Management  
*Ann Michalek, MD*

2:00-2:20  
Childhood, Adolescent, Young Adult Obesity  
*Jennifer Lindstrom, MD*

2:20-2:35  
Break and Exhibits

2:35-2:55  
Pharmacology  
*Margaret Malone, MD*

2:55-3:15  
Eating Disorders  
*Sharon Alger-Mayer, MD*

3:15-3:35  
Psychology  
*Jay William Carruthers, MD*

3:35-4:00  
Panel Discussion: Medical Management  
*Sara Clark, MD; Hung Nguyen, MD; Ann Michalek, MD; Jennifer Lindstrom, MD; Megan Malone, MD; Sharon Alger-Mayer, MD  
and Jay William Carruthers, MD*

4:00-4:30  
Post Test and Evaluation

Adjourn

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**Accommodations**

A block of rooms has been reserved for the conference for Sunday, October 17, 2010. The rate is $99 per night single/double occupancy. Rates quoted do not include 14% New York State and Local tax. Room rates will not be guaranteed after October 1, 2010.

Lodging reservations can be made directly with the Holiday Inn by calling 1-800-Holiday or 1-800-465-4329. Mention the Albany Medical Center Block to secure the above rates. Check-in time is 4:00pm and Check-out time is 12 noon.

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**Need Information?**

For further information regarding this conference, contact the Office of Continuing Medical Education by phone @ (518) 262-5828, by fax @ (518) 262-5679 or e-mail at pricej@mail.amc.edu. **For emergency calls during the conference, call the Holiday Inn at 518-458-7250.**

Be sure to visit the Albany Medical Center Website @ www.amc.edu.
**Directions To The Holiday Inn Turf – 205 Wolf Road, Albany, NY**

**From The North:** Take the Adirondack Northway (Interstate 87) SOUTH to Exit 4 (Route 155 West/Albany International Airport). At the end of the off-ramp, turn LEFT on Route 155. Continue for approximately 1/4 mile to the next traffic light, and turn LEFT on Albany-Shaker Road. At the next light, turn RIGHT on Wolf Road. We are about 3/10 of a mile down Wolf Road on the left side.

**From The South:** Take the New York State Thruway (Interstate 87) NORTH to Exit 24. Continue on I-87 NORTH (Exit 1N out of the toll booths) to Exit 4 (Wolf Road). Turn RIGHT off of the exit. We are about 2/10 of a mile down Wolf Road on the left.

**From The East:** Take Interstate 90 to New York, and continue on I-90 by taking Exit B-1 from the Berkshire Spur of the NYS Thruway. Follow I-90 to Exit 1N (Interstate 87). Continue on I-87 to Exit 4 (Wolf Road). Turn RIGHT off of the exit and follow Wolf Road approximately 2/10 of a mile. We are on the left side.

**From The West:** Take the New York State Thruway (Interstate 90) to Exit 24. Continue on I-87 NORTH (Exit 1N out of the toll booths) to Exit 4 (Wolf Road). Turn RIGHT off of the exit. We are about 2/10 of a mile down Wolf Road on the left.

**Special Needs**
Should you have disabilities, dietary restrictions or other requirements, please contact the Office of Continuing Medical Education at (518) 262-5828 by **October 1, 2010** to discuss your needs.

**Attire**
Because everyone has a different comfort level we suggest you dress in layers or bring a sweater.

**Acknowledgment**
A complete list of supporters will be available at the conference.

**Do You Have Specific Questions?**
If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.

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**Albany Medical College Course Directors**

**Jennifer E. Lindstrom, MD**
Medical Director, Bariatrics
Assistant Professor of Medicine
Combined Internal Medicine and Pediatrics Program

**T. Paul Singh, MD**
Director of Minimally Invasive Surgery
Center for Training and education
Co-Director Bariatric Surgery Center
Associate Professor of Surgery

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**Albany Medical College Faculty**

**Sharon Alger-Mayer, MD**
Associate Professor of Medicine
Division of Clinical Nutrition

**Daniel Bonville, DO**
Associate Director of Trauma
Division of General Surgery

**Kathleen Callahan, RD, CDE**
Department of General Surgery
Bariatrics and Nutrition

**Jay William Carruthers, MD**
Assistant Professor of Psychiatry
Department of Psychiatry

**Sara N. Clark, MD**
Assistant Professor of Medicine
Division of Endocrinology & Metabolism

**Ward Dunnican, MD**
Assistant Professor of Surgery
Division of General Surgery

**Aija Leimanis, RD**
Department of General Surgery
Bariatrics and Nutrition

**Margaret Malone, MD**
Adjunct Associate Professor of Medicine

**Ann Michalek, MD**
Medicine Attending

**Hung Nguyen, MD**
Assistant Professor of Medicine
Division of Pulmonary and Critical Care Medicine

**Alain Polynice, MD**
Assistant Professor of Plastic Surgery

**Carl Rosati, MD**
Director, Section of Trauma
Division of General Surgery
Register by October 1st and Save $$$$$$$$$$!

We use multiple mailing lists for our conferences. If you receive more than one brochure, kindly pass it on to a colleague.